



- *Fairtrade Organic Bananas
- *Organic local beef
- *Organic & Local flour & dairy produce
- *We use vegetables from our school patch
- *Free range eggs & Pork Sausages *MSC Fish

Half Term: Spring 1
Monday 4th January until Friday 12th February 2016

Week Com	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 th Jan 2016	INSET (Staff training)	Chicken, Ham & Egg Pie Quorn Toad-in-the-Hole ½ Jacket Potato Mixed Vegetables Iced Mandarin Sponge	Macaroni Cheese Lentil Rissoles New potatoes & peas Fruit Crumble & Custard	Roast Beef Vegetable Lasagne Seasonal Vegetables & Roast Potatoes Bakewell Tart	Beef Lasagne Mixed Salad Vegetable Curry & Vegetable Rice Lemon Drizzle Cake
11 th Jan 2016	Sweet & sour chicken Vegetable chilli con carne Vegetable rice Fruit salad & Yogurt	Macaroni cheese Vegetable and egg biryani Peas Flapjack	Roast pork & apple sauce Cheesy Yorkshire pudding Roast potatoes & Seasonal vegetables Peach Melba	Ocean Pie Vegetable & potato gratin Peas & Sweetcorn Iced chocolate sponge	Beef bourguignon Bean burger Crispy new potatoes Mixed vegetables Iced Lemon sponge

18th Jan 2016	Tuna Pasta Bake Roasted vegetable cous cous Green beans Iced mandarin sponge	Mild chicken curry Vegetable & lentil curry Naan bread Cherry short cake	Shepherd's pie Cauliflower cheese Seasonal vegetables Fruit trifle	Pork meat balls Spaghetti & tomato sauce Quorn pasta bolognaise Mud pie	Home baked Gammon Quorn sausage roll Parsley new potatoes mixed vegetables Apple cake
25th Jan 2016	Cowboy casserole Quorn casserole Crispy potatoes Fruit crumble & custard	Salmon & broccoli lasagne Macaroni Cheese Peas Chocolate brownie	Cottage pie Crunchy Vegetable Crumble Mixed vegetables Fruit salad & yogurt	Roast turkey Bean hot pot Roast potatoes & seasonal vegetables Fruit flapjack	Beef Lasagne Vegetable lasagne Mixed salad Gingerbread
1st Feb 2016	Chicken & vegetable pie New potatoes & Mixed vegetables Ratatouille pasta Banana cake	Spaghetti bolognaise Mixed vegetable noodles Malt loaf	Cumberland pie (sausages) Mixed vegetable pie Seasonal vegetables Toffee tart & chocolate custard	Italian baked fish Vegetable moussaka ½ Jacket potato Peas & Sweetcorn Goosey chocolate pudding	Roast pork & apple sauce Roast potatoes & seasonal vegetables Vegetable risotto Fruit jelly & ice-cream
8th Feb 2016	Braised beef casserole Vegetable & Lentil casserole New potatoes & Seasonal vegetables Viennese Tart	Shepherd's pie Quorn bolognaise Garden peas Fruit flapjack	Cheese & tomato quiche Bean burger Chunky chips & baked beans Peach Melba	Fishcake Parsley New potatoes & peas Vegetable Risotto Iced Chocolate sponge	INSET (Staff Training)

JACKET POTATO WITH CHEESE, BAKED BEANS, SALAD OR TUNA AVAILABLE DAILY