



Kit List

During the activities, Brenscombe provides all the required safety equipment

All clothing should be labelled with the owners name and participants are responsible for their personal belongings.

We strongly suggest that people do not bring jewellery or new/expensive clothes as the nature of the activities can get clothes wet, muddy or worn.

During water sports activities you will have to wear secure closed toe footwear that will get wet and muddy.

Things to think about when packing your bag

How many days are you at the Centre?

Are you doing any water sports?

What do you want to wear during the evening or when not on activity sessions?

What will you wear to sleep in or if you need to get up and walk to the toilet in the night?

What are you going to keep wet and dirty clothes in after activity sessions?

What's the weather likely to be like?

What to pack

Waterproof Jacket and Trousers

Walking boots/outdoor shoes

Closed toe shoes for water activities

Water bottle

Rucksack

Torch

Sun cream and sun hat

Hat and Gloves

Insect repellent

Swimming costume/shorts

Towel and toiletries

Pyjamas

Underwear and lots of socks

Indoor /evening shoes

Casual clothes to wear in the evening

Clothes to wear on activities – t-shirts, warm jumpers, long trousers (not denim) and shorts

Personal medication

Please ensure that your teachers/leaders are aware of any personal medication you may need prior to coming to Brenscombe. Each school/group will have its own system for managing medication during the trip.

Camping

Please bring your own sleeping bag for nights.