



Life Education

Wessex

Helping children make healthy choices

12th September 2017

Dear Parent/Carer

We will be receiving a visit from the Life Education Mobile Classroom on **Monday 18th September. It will be a non-uniform day.**

Life Education is a charity providing health and drug prevention education support to schools. The specially equipped classroom provides an unforgettable experience for the children whilst contributing to our Personal, Social, Health and Citizenship curriculum. The fun, interactive and **age-appropriate** programmes help children to understand the **wonders of the human body** and how to look after it.

- In **Foundation Stage** and **Key Stage 1** (*Yr R to Year 2*) they learn about **keeping their bodies healthy, feelings**, being a **good friend** and the **safe use of medicines**.
- At **Key Stage 2** (*Years 3 to 6*) the experienced and specially trained Educators help children to consider the effects and risks associated with the use of drugs, including **medicines, alcohol** and **tobacco**. In addition, children learn about **choices** that can affect health and well-being, skills of **friendship** and how to cope with **bullying** and **peer pressure**.

We would like to invite you to visit the Life Education Mobile Classroom on Monday 18th September at **2.45pm** to find out more about the experience the children have enjoyed during the day. The session will last 30 minutes and will start **promptly**.

Children can wear non-uniform on the 18th for a contribution of £2 per child, this will help cover the cost of the visit.

Yours sincerely,

M. Salisbury